

Safety For Cruising Couples Including Suddenly Alone

The mission of this program is to provide shorthanded crew members with the tools and knowledge that will enable them to avoid, and if necessary, confidently and effectively handle onboard emergencies.

- A unique aspect of this program is the emphasis on sailing partners working together to solve problems at the level of the less confident/competent partner.
- Indeed, the more competent partner often benefits from these discussions about the areas covered in the program because they have not talked about, and likely not practiced together, how a suddenly alone situation should be handled on their boat
- Combination of classroom and “hands-on” experience

Topics include:

Introduction and Psychology of Suddenly Alone	Classroom
Stabilizing the Situation	Classroom
Communicating a Request for Assistance	Classroom and Practical Exercise
Navigating to a Safe Haven	Classroom and Practical Exercise
Recovery of an Overboard Person	Classroom and Practical Exercise
Wrap-up	Classroom
Social Hour	Practical Exercise

* First aid and CPR training are very important but are not covered by this seminar

7/7/2018, 0900-1700 hrs.

Ram Island Yacht Club, 60 Front Street, Noank, CT

\$30 per person or \$50 per couple. Space is limited to 20 individuals.

Includes Instruction, Lunch, Snacks, and Printed Materials

To REGISTER, email: swhite151@gmail.com Send payment to:

RIYC, c/o Stan White, 47 Front Street, Noank, CT 06340

Registration is not complete until payment is received

Hosted by the Ram Island Yacht Club

The program developed by The Bonnell Cove Foundation for the Cruising Club of America

